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Ancient Wisdom for Modern Living Ancient Wisdom for Modern Health Confucius from the Heart Ancient Wisdom for a New Age How to Grow Old Eckankar ECKANKAR--Ancient Wisdom for Today To Kindle a Soul Ancient Wisdom, Modern Kitchen Samurai Spirit Chasing the Wind Ancient Wisdom and Modern Science The Ancient Wisdom Ancient Wisdom for Modern Minds (2nd Edition) Why Traditional Chinese Philosophy Still Matters Ancient Wisdom for Today's Business Divine Masters, Ancient Wisdom Ancient Wisdom in the Age of the New Science Confucian Reflections Don't Worry, be Stoic The Essential Yoga Sutra Ancient Wisdom for Modern Management Mindfulness The Power of I Ching Ancient Wisdom for Modern Management Big Picture Parents Going Where Ancient Wisdom for the Good Life The Words of Solomon Acupressure Treasures from an Old Book What the Ancient Wisdom Expects of Its Disciples Proverbs Ancient Wisdom for Modern Health NO ANCIENT WISDOM, NO FOLLOWERS The Paleo Manifesto Ancient Wisdom Eckankar How to Save the West Feng-shui

In eight weeks, this interactive Bible study for women will show what the proverbs say about daily life, how they apply to modern times, and how they reveal the wisdom of God. Part of the discovery series, this updated edition has been reorganized to facilitate either individual or group use and supplemented with inspirational sidebars and short, 3-5 minute teaching videos. Scan the video QR code with a smart phone or visit the series Web site to watch Sue provide historical and cultural background, teach important truths found in each week's lesson, or ask thoughtful questions to encourage deeper discussion. Jane Alexander is inspired and inspiring. I trust her advice completely' - Sarah Stacey, Mail on Sunday In this fast-paced, social media-filled world, people are looking for clarity and inner calm, as well as an escape from the digital overload. This book offers a comprehensive lowdown on the ancient wisdoms from around the world in an accessible way, so we can harness this wisdom and use it in our contemporary environment. The book will be broken down into five major sections. The first gives an overview to the various forms of ancient wisdom covered in the book. The following four sections will each cover a season with information and practical exercises on: Nutrition (adapting your diet throughout the year); Body (different seasonal exercise, including simple yoga and qiyong flows, healing forms of breathwork and bodywork); Emotional life (seasonal emotional shifts and advice on natural approaches to dealing with everyday stresses and anxiety); and Spiritual life (powerful soul-work, including crystals, sound healing and oracles). The "Words of Solomon" is an in depth study of the first nine chapters

of Solomon's Proverbs, as recorded by the Old King James Bible. These are the chapters which provide a continuous narrative that is told from the perspective of a Hebrew father instructing his son to pursue Wisdom through obedience to God's law. The remaining chapters of Proverbs go on to address a wider array of random godly principals and their practical application to human life on earth. In an effort to better understand these ancient teachings, the father/son relationship between Solomon and David is first examined, and found to be lacking. Like many fathers of today, King David was a very complex and busy man, but he was also the only man described by God as a "man after my own heart." The Proverbs show us that Solomon had devoured his father's own writings, the psalms, and incorporated them into an easier understood text, which was then chronologically arranged as a manual for a functional father/son relationship. It should be no surprise that Israel's wisest king wrote a literary masterpiece capable of being interpreted on multiple levels of understanding. Solomon's hidden nuggets of precious wisdom, written three thousand years ago, are brought to the surface to transcend the boundaries of time, for a twenty-first century application. Reading this book will convince all of Wisdom's students that "mining" Solomon's gold is a very worthy pursuit.

Confucian Reflections: Ancient Wisdom for Modern Times is about the early Chinese Confucian classic the "Analects" Lunyu, attributed to the founder of the Confucian tradition, Kongzi (551-479 bce) and who is more commonly referred to as "Confucius" in the West. Philip J. Ivanhoe argues that the Analects is as relevant and important today as it has proven to be over the course of its more than 2000 year history, not only for the people who live in East Asian societies but for all human beings. The fact that this text has inspired so many talented people for so long, across a range of complex, creative, rich, and fascinating cultures offers a strong prima facie reason for thinking that the insights the Analects contains are not bound by either the particular time or cultural context in which the text took shape. Explores mindfulness from its roots in Buddhist psychology to its role in contemporary psychological science. In-depth case examples illustrate how and why mindfulness training can help people move from distress and suffering to resilience and flourishing In the past three decades, China has risen from near collapse to a powerhouse -- upending nearly every convention on the world stage, whether policy or business. China is now the globe's second largest economy, second largest exporter, a manufacturing machine that has lifted 500 million of its citizens from poverty while producing more than one million US dollar millionaires. Then why do China's leaders describe the nation's economic model as "unstable and unsustainable"? Because it is. James McGregor has spent 25 years in China as a businessman, journalist and author. In this, his latest highly readable book, he offers extensive new research that pulls back the curtain on China's economic power. He describes the much-vaunted "China Model" as one of authoritarian capitalism, a unique system that, in its own way, is terminating itself. It is proving incompatible with global trade and business governance. It is threatening multinationals, which fear losing their business secrets and technology to China's

mammoth state-owned enterprises. It is fielding those SOEs – China’s “national champions” -- into a global order angered by heavily subsidized state capitalism. And it is relying on an outdated investment and export model that’s running out of steam. What has worked in the past, won’t work in the future. The China Model must be radically overhauled if the country hopes to continue its march toward prosperity. The nation must consume more of what it makes. It must learn to innovate. It must unleash private enterprise. And the Communist Party bosses? They must cede their pervasive and smothering hold on economic power to foster the growth, and thus social stability, that they can’t survive without. Government must step back, the state-owned economy must be brought to heel, and opportunity must be freed. During the Tang Dynasty, an official in the imperial court observed: “No ancient wisdom, no followers.” He was lamenting that regime was headed alone into dangerous and uncharted waters without any precedent for guidance. Again today – as McGregor makes clear – this is China’s greatest challenge. The book of Proverbs is power packed with wisdom that will guide God’s people in daily living and is widely recognized as a source of sound, practical wisdom. It’s a rich fountain of profound but simple insight. In Volume 1 of Treasures from an Old Book, author Lorin Bradbury, Ph.D. addresses every verse of the first nine chapters of the book of Proverbs in a series of fifty-one unique lessons. He draws upon more than forty years of pastoral experience, making practical applications throughout each lesson to encourage the Christian needing a word of inspiration and to provide insight and application for a busy pastor teaching on these timeless truths. Ranging from establishing a sure foundation on the word of God, to fear of the Lord, to parental instruction, to warnings against enticement from the world, Bradbury shows that a study in Proverbs has the potential to improve how you relate to your children, spouse, neighbors, and coworkers, and most importantly, how you relate to God. Lorin Bradbury, Ph.D. is both a pastor and a psychologist and draws upon both disciplines in communicating scriptural truths. Lorin Bradbury is very intelligent and highly educated. Coupled with his intelligence is his solid, practical understanding and perception. In this book, he has succeeded in unpacking the treasures of wisdom found in “Proverbs” and displayed them so that each of us have access to godly wisdom in our daily lives. —Terry Pugh, Pastor Odessa, TX Wisdom has been defined as, “knowing what to do next.” The wisdom of God is found in the book of Proverbs. In these pages, Dr. Bradbury does an exceptional job of making the insight of Proverbs relevant for today. This is an incredible resource for any pastor or Bible teacher. You will never be any better than your resource. The material in this book is well researched and exceptional in the presentation. —Carlton Coon, Pastor & Author Springfield, MO The Yoga Sutra of Patanjali is a classic Sanskrit treatise consisting of 195 “threads,” or aphorisms, describing the process of liberation through yoga. Although little is known about Patanjali (most scholars estimate that he lived in India circa 200-300 B.C.), his writings have long been recognized as a vital contribution to the philosophy and practice of yoga. This new, expert translation of the original

Sanskrit text of Patanjali's best-known work presents his seminal ideas and methods in accessible, plain-language English. Patanjali organized the sutra into four parts: Samadhi (absorption), Sadhana (practice), Vibhuti (supernatural powers), and Kaivalya (liberation). Each represents a step in breaking free of our limited definition of consciousness and training the mind to achieve oneness with the universe. Geshe Michael Roach, one of the most respected teachers of Tibetan Buddhism in America and a renowned scholar of Sanskrit, provides authoritative commentary on each of the sutras. His notes and clarification are straightforward and highly readable, untainted by obscure, academic terminology or New Age jargon. The first edition of the Yoga Sutra to present a Buddhist perspective, this paperback original will be welcomed by students and spiritual seekers alike. The Ancient Wisdom is the foundation of all world religions and contains the key to enlightenment, yet few people have been able to sort through the accretions of the centuries in order to discover these nuggets of truth. This is a manual for how life works. Machiavelli lives. 500 years after Niccolò Machiavelli has written 'The Prince', this classic of the mechanisms behind success in management has not lost its relevance. In an intriguing and inspiring interplay of quotes, interpretations and examples, Dr Ralf Lisch develops Machiavelli's most famous work into a practical guide providing Ancient Wisdom for Modern Management. Many have heard about Machiavelli but few have really read and understood him. Ralf Lisch's analysis of 'The Prince' proves that widespread associations with evil management are a thorough misunderstanding. He has done away with historic ballast and abstains from a moralizing approach that does not do justice to Machiavelli's works. Instead, he lets Machiavelli have his say and provides a positive and pragmatic interpretation of the wisdom of 'The Prince' from a management perspective. It is a fresh approach that combines theoretical analysis with a practical focus. Dealing with a wide range of essential management topics like careers, success, intellect, decision-making, trust, change management, knowledge management, mergers and acquisitions, networking, sustainability, business ethics, working processes and many others, this book proves that the basics of management have hardly changed over half a millennium. Ancient Wisdom for Modern Management is an amazing insight into the essentials of management and a workable guidance to success in daily business. This open-minded and compelling exploration of 'The Prince' combines reading pleasure with a great opportunity to participate in Machiavelli's truly timeless wisdom. Today, as people become aware of the need to recover an intimate relationship with the earth and the ecosphere, feng-shui offers a set of pragmatics in choosing a home, locating a business, developing ecologically sensitive land use, and planning a harmonious neighborhood. In The Paleo Manifesto: Ancient Wisdom for Lifelong Health, John Durant argues for an evolutionary - and revolutionary - approach to health. All animals, human or otherwise, thrive when they mimic key elements of life in their natural habitat. From diet to movement to sleep, this evolutionary perspective sheds light on some of our most pressing health concerns. What is

causing the rise of chronic conditions, such as obesity, diabetes, and depression? Is eating red meat going to kill you? Is avoiding the sun actually the best way to avoid skin cancer? Durant takes readers on a thrilling ride to the Paleolithic and beyond, unlocking the health secrets of our ancient ancestors. What do obese gorillas teach us about weight loss? How can Paleolithic skulls contain beautiful sets of teeth? Why is the Bible so obsessed with hygiene? What do NASA astronauts teach us about getting a good night's sleep? And how are Silicon Valley techies hacking the human body? Blending science and culture, anthropology and philosophy, John Durant distills the lessons from his adventures and shows how to apply them to day-to-day life, teaching people how to construct their own personal "habitat" that will enable them to thrive. The book doesn't just address what we eat, but why we eat it; not just how to exercise, but the purpose of functional movement; not just being healthy, but leading a purposeful life. Combining the best of ancient wisdom with cutting edge science, Durant crafts a vision of health that is both fresh and futuristic. Ancient Wisdom is a Healer's manual, the crème of the crop of Spiritual Wisdom gathered during fourteen years of study with Spiritual Masters from all over the world and beyond... "It has been proclaimed many times, but perhaps never more convincingly than now, when every news cycle seems to deliver further confirmation of a world gone mad. Is this the endgame? Have we come to closing time in the West? Author Spencer Klavan is a classicist, with a Ph.D. from Oxford, and a deep understanding of the West. His analysis: The situation is dire. But every crisis we face today, we have faced before. And we can surmount each one. Klavan brings to the West's defense the insights of Plato, Aristotle, the Bible, and the Founding Fathers to show that in the wisdom of the past lies hope for the future. That wisdom can improve our own lives and the lives of those around us--and ultimately save the West."--Provided by publisher.

King Solomon exceeded all the kings in riches and in wisdom. The son of King David and Bathsheba, Solomon ruled Israel from about 960 to 922 B.C, and built a magnificent temple in Jerusalem. Solomon was blessed with a massive amount of resources. Ancient Wisdom for Today's Business unveils the "nuggets of truth" that undergirded his astounding accomplishments. His proverbial and instructive teachings are for one purpose: to show others how to prosper and experience complete success! From instilling vision to motivating your team, Ancient Wisdom offers practical guidance on how to be a champion in your world! Glenn Dunn was born and raised in Miami, Florida. He earned his bachelor's degree in Education from Florida International University. He is a licensed minister, motivational speaker and business theorist. His presentations inform and his humorous style makes learning fun and entertaining. www.glenndunnseminars.com A new and fresh guide to the Ascended Masters and how to work with them for greater peace and connection. Discover new tools and wisdom to connect with the enlightened Ascended Masters, and receive their guidance, healing, protection and support on your spiritual path. Bestselling author Kyle Gray offers the first new guide in several years that looks at the Ascended Masters and explains how they can bring healing to the Earth, the

cosmos and your life. The Ascended Masters are enlightened souls who once walked the Earth (or other planets) and continue to offer their emotional intelligence and spiritual teachings to the world. You may already know some of them - Mary Magdalene, Buddha and Jesus - but did you know there are many more, and that they are here to support you on your spiritual path? In this book, you will discover: Many Ascended Masters, from Quan Yin to Saint German and Gaia to the Divine Director A short history of the Masters and how they ascended for the greater good of humanity How to call upon the Masters for spiritual protection, to remove blockages and to open up to powerful spiritual connections What the Council of Light and Etheric Retreats are, and how you can access their wisdom for healing, guidance and connection Kyle shares many powerful exercises and tools - such as Sacred Geometry visualizations, affirmations and meditations - to help you increase your awareness and raise your consciousness. Traditional Chinese philosophy, if engaged at all, is often regarded as an object of antiquated curiosity and dismissed as unimportant in the current age of globalization. Written by a team of internationally renowned scholars, this book, however, challenges this judgement and offers an in-depth study of pre-modern Chinese philosophy from an interdisciplinary perspective. Exploring the relevance of traditional Chinese philosophy for the global age, it takes a comparative approach, analysing ancient Chinese philosophy in its relation to Western ideas and contemporary postmodernist theories. The conversation extends over a broad spectrum of philosophical areas and themes, ranging from metaphysics, hermeneutics, political theory, religion and aesthetics to specific philosophical schools including Confucianism, Daoism, and Buddhism. By engaging many time-honoured philosophical issues from a comparative perspective, this book bridges the gap between Eastern and Western thought and emphasises the need for a newly fortified global humanism and a deeper appreciation of different philosophical and religious values in an age gripped by large-scale crises. Arguing that traditional Chinese philosophy has immediate relevance to the many challenges of modern life, this book will be useful to students and scholars of Asian Philosophy and Asian Studies in general. A critical reevaluation of ancient spiritual systems long ignored or rejected because of their assumed incompatibility with science. Here are Swami Muktananda on the mind, Swami Prajnananda on Karma, Swami Kripananda on the Kundalini, Joseph Chilton Pearce on spiritual development, Jack Kornfield on Buddhism for Americans, Claudio Naranjo on meditation, and much more. Named an Honor Title by the Storytelling World Awards in the category of "Storytelling Anthologies" The samurai prepared themselves for battle through physical practice, and the study of the arts. These ancient stories that inspired warriors so long ago have special significance for today's teens who face battles of their own: battles against bullies; battles with self-doubt and lack of confidence; and battles with the injustices they see around them. Burt Konzak has taught martial arts for over 20 years and has used these stories, drawn from sources including the Hagakuri, the Book of Five Rings, and other Japanese classics, to help young people gain emotional

and mental strength. Whether or not readers are interested in the martial arts, they will find centuries of wisdom in this fine collection. Ancient Wisdom for Modern Health is about the path to self-healing using the journey from illness to well-ness as a means for transformation. Kim Le compassionately shares her 30 years of healing experiences as well as her own spiritual unfolding. The book explains how karma affects the process of healing, classifications of karma, the karmic body, purification methods and how to recognize one's true nature. It also shares recommended practices that allow the reader to embark on the spiritual journey using illness as a guidepost. For evolved souls, Ancient Wisdom for Modern Health serves as a tool for spiritual empowerment. Award-Winner in the Cookbooks: International category of the 2010 International Book Awards Ancient Wisdom, Modern Kitchen reveals how easy it is to tap into the 3,000-year-old secrets of the Eastern healing arts. This entertaining and easy-to-use book provides scores of delicious recipes, anecdotes about various herbs and foods, and all you need to know about acquiring ingredients—even if you don't know the difference between a lotus seed and the lotus position. Highlighting "superfoods," such as goji berries, as well as more familiar ingredients like ginger, garlic, and mint, Ancient Wisdom, Modern Kitchen includes indispensable information:

- An overview of traditional Chinese medicine, herbs, and food therapy
- Details on 100 healthy Asian ingredients
- Healing recipes for common health concerns, including fatigue, menopause, high cholesterol, weight control, and diabetes

Introduces the reader to Stoicism--a philosophy whose origin lies in ancient Greece but whose relevance has only grown with time. Rather than provide a merely historical treatment of the system, the author demonstrates how the writings of Marcus Aurelius, Epictetus, and Seneca provide principles for a sane and satisfying existence today. Through a series of short essays, Vernezze furnishes readers with a foundation in Stoic thought as well as a system for applying it to their lives. For readers of all levels. Combining ancient Eastern wisdom (Ayurveda), thousand-year-old spiritual teachings, natural health science secrets, and the latest modern research, this book will reconnect you to the age-old wisdoms of health, as followed by the world's healthiest people. 2017 Reprint of 1925 Edition. Full facsimile of the original edition, not reproduced with Optical Recognition software. This early work by Hall is devoted to the study of the ancient Mystery Schools and the work which they have done in the world throughout the various ages. There is also a treatise on the path of discipleship. The reader of this booklet is equipped to discriminate between the various so-called spiritual organizations and is protected against unfortunate involvement. "Eckankar is a religion for the individual--what many of us hoped religion would be. Its purpose is to help individuals find their own way back to God through direct personal experiences." ECKANKAR--Ancient Wisdom for Today offers a compelling introduction to the ancient teachings of Eckankar. This book explores spiritual experiences to connect with people of all backgrounds. It contains surprising gems for those who consider themselves to be spiritual but not religious. If you yearn for spiritual freedom and truth, this book presents easy-to-

apply steps toward your goals. It shares vivid examples from Harold Klemp, the spiritual leader of Eckankar, showing how to live a truly spiritual life in a material world. The book presents a range of concepts popular in modern culture--karma, reincarnation, seeing an inner light, prophecy, near-death and out-of-body experiences. Eckankar shows how these spiritual experiences are relevant to everyday life. Past lives, dreams, and Soul Travel are more than intriguing ancient mysteries. They are the natural activity of Soul. Soul is the True Self, the inner, most sacred part of each person. With a prove-it-to-yourself message to seekers, this book shows how Eckankar is a living religion. Real learning comes from your own experiences. ECKANKAR--Ancient Wisdom for Today is refreshing, bold, and a timeless guide for today's spiritual adventurers! ECKANKAR Ancient Wisdom for Today is an intriguing book that reveals how ancient mysteries of past lives, dreams, and Soul Travel lead to spiritual freedom and truth today. Timeless wisdom on growing old gracefully from one of ancient Rome's greatest philosophers Worried that old age will inevitably mean losing your libido, your health, and possibly your marbles too? Well, Cicero has some good news for you. In *How to Grow Old*, the great Roman orator and statesman eloquently describes how you can make the second half of life the best part of all—and why you might discover that reading and gardening are actually far more pleasurable than sex ever was. Filled with timeless wisdom and practical guidance, Cicero's brief, charming classic—written in 44 BC and originally titled *On Old Age*—has delighted and inspired readers, from Saint Augustine to Thomas Jefferson, for more than two thousand years. Presented here in a lively new translation with an informative new introduction and the original Latin on facing pages, the book directly addresses the greatest fears of growing older and persuasively argues why these worries are greatly exaggerated—or altogether mistaken. Montaigne said Cicero's book "gives one an appetite for growing old." The American founding father John Adams read it repeatedly in his later years. And today its lessons are more relevant than ever in a world obsessed with the futile pursuit of youth. ANCIENT WISDOM FOR MODERN MINDS is written specifically for newcomers to the field of philosophy. Focusing on what is arguably the most important issue in philosophy—the problem of human happiness—the text examines the ideas of the most influential thinkers of the ancient world to discover what enduring wisdom they can impart about the nature and realization of happiness to modern readers like ourselves. Among the authors examined in this work are Socrates, Plato, Aristotle, Sextus Empiricus, Diogenes of Sinope, Epicurus, Seneca, Plotinus, Jesus of Nazareth, and St. Augustine. ABOUT SOPHIAOMNI PRESS This text is published by SophiaOmni Press. SophiaOmni is an independent press founded by educators to expand the domain of human wisdom. We publish works in the fields of philosophy, religion, and ethics by past and contemporary authors who have something significant to say about the human condition and our continued existence on this fragile planet. Visit us on the web at www.sophiaomni.org. In *Ancient Wisdom for the Good Life*, Ralph K. Hawkins turns our attention to the Bible's Wisdom Literature (Job, Psalms, Proverbs,

Ecclesiastes, and Song of Songs) and how it can correct us, train us in righteousness, and ultimately empower us for successful living. These are some of the most inspired writings on the Good Life the world has ever known, in which ancient Israel's sages wrote about how to live stable, harmonious, productive, and joyous lives. Together, they interlock to cover the entire field of wisdom, providing contemporary readers with the tools to develop a unified world view with God at the center. Ancient Wisdom for the Good Life culls out the guidance of ancient Israel's sages for a modern society that has been cut adrift from its moorings. Full of wisdom and practically written, this book could be used as a supplementary text in an undergraduate or seminary course in the Wisdom Literature, and it would certainly be useful for pastors in their sermon preparation or even just general reading.

Table of Contents: Winning and the Wisdom Literature A Mindset of Integrity A Mindset of Community A Mindset of Communication A Mindset of Cause-and-Effect A Mindset of Goal-Setting A Mindset of Work A Mindset of Health A Mindset of Abundance A Mindset of Joy About the Author

Ralph K. Hawkins (PhD, Andrews University) is professor of religion and director of the Program in Religion at Averett University. He is co-director of the Jordan Valley Excavation Project (JVEP) and the author of several books, including *The Iron Age I Structure on Mt. Ebal: Excavation and Interpretation* (Eisenbrauns), *How Israel became a People* (Abingdon Press), and *Discovering Exodus: Content, Interpretation, Reception* (SPCK/Eerdmans). An Anglican priest, Hawkins has also written pastoral books, including *While I Was Praying: Finding Insights about God in Old Testament Prayers* (Smyth & Helwys), and *Leadership Lessons: Avoiding the Pitfalls of King Saul* (Thomas Nelson). In the 1970s, the rock group Kansas sang about how life is "dust in the wind." They could have been quoting the writer of Ecclesiastes whose ancient book of wisdom unwraps three key themes: Meaningless, meaningless a look at the futility of wisdom, wishes and work. Chasing the wind how desire and deeds are found wanting. Under the sun the curses and joys of toil, treasure and termination. Despite the Teachers' pessimistic tone, in *Chasing the Wind* author Robert White discovers there's hope at the end of the matter. A groundbreaking, revisionist account of the importance of the history of philosophy to intellectual change - scientific, philosophical and religious - in seventeenth-century England. Ancient Wisdom for a Better Life I Ching was created 6,500 years ago. As stated in Zhou Li (~ 1,100 BC), there are three versions of I Ching: Gui Cang Yi, Lian Shan Yi and Zhou Yi. All three address eight trigrams and sixty-four hexagrams. Around 500 BC, Confucius and his disciples compiled ten commentaries on Zhou Yi. These commentaries emphasise Confucianism, and provide instruction on how to handle fifty yarrow sticks for divine reading. Later on, around 200 AD, Zhou Yi and the commentaries were combined, into what is known today as I Ching. Based on fifty years' experience in science and research on Chinese classics, and for the first time, the author of "The Power of I Ching" reveals the true nature of I Ching and how to use it to live in harmony with others and benefit yourself. Being a parent in the modern world is tough. We are often overwhelmed

with fear about damaging our children, guilt about our imperfections, and confusion about our role. Harriet Connor knows these feelings well. But hers is not just another parenting book full of "shoulds and shouldn'ts" to make you feel worse. Rather, she invites you to step back and consider the bigger picture: What is the purpose of life and parenthood? What are our human limitations? How can we cope with our guilt and fear? What are our family's values and how do we pass them on? What is our family's structure and place within the wider community? When she was desperate for answers, Harriet Connor turned to the ancient wisdom of her ancestors--the Bible. She went looking for little pieces of grandmotherly advice, but what she found was a grand vision--a big picture--that made sense of both life and parenthood. Whether you are new to the Bible or have read it before, you will not regret taking time to reflect on its message, which has given comfort and guidance to generations of parents just like you. Kelemen challenges child raising theories with a 3,300 year-old educational philosophy that offers practical long-term solutions to modern problems. Illustrations. Charts. Presents an introduction to Confucius' work "The Analects," discussing how the Chinese philosopher's advice for achieving inner spiritual harmony and peace can be applied to everyday situations in modern life.

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